## COPING AFTER CRIME...

If you or a loved one has been impacted by crime,

The Mental Health Association of Monmouth County provides free counseling
with licensed professionals who specialize in treating trauma.

ANXIETY
HEADACHES INSOMNIA NIGHTMARES LONELINESS
ANXIETY ANGER PAIN WORRY
TRAUMA CONFUSION DEPRESSION FATIGUE
TREMBLING IRRITABLE STRESS
MEMORY LOSS NAUSEOUS
FLASHBACKS WITHDRAWN PALPITATIONS
STRESS IMPULSIVE GUILT
CHEST PAIN

Mental Health Association of Monmouth County



COMMSELLING

TRAUMA COUNSELING CENTERS 732- 542- 6422

13 Kennedy Way Keansburg, NJ 732-769-5656 (At St. Mark's Episcopal Church & Center for Community Renewal) 103 Drs. James Parker Blvd.
Suite B,
Red Bank, NJ
(At Red Bank Resource Network)

47-51 South Street Manasquan, NJ (At First Baptist Church)